



# PROGRAMS



## PERMANENT SUPPORTIVE HOUSING PROGRAMS

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## Overview

- For more than 20 years, Anawim Housing has provided permanent supportive housing programs
- Today, we manage over 250 permanent supportive housing units
- These units house families and individuals who come from homelessness and suffer from either a mental illness, substance abuse, HIV and/or defined as medically fragile
- Upon referral through Centralized Intake, the supportive program staff meet regularly with participants, helping them on the road to self-sufficiency

## Breakdown of Supportive Housing Programs

- Housing Opportunities Program 1 & 2
- Homeless To Housing
- Shelter Plus Care 1
- Shelter Plus Care 2



## Housing Opportunities Program 1 & 2

- Anawim began Housing Opportunities Program (HOP) 1 in 2016 and HOP2 in 2017.
- Together, these programs housed 76 chronically homeless individuals in Permanent Supportive Housing in 2017.
- These programs are funded through HUD.
- Program managers provide case management services in order to address housing stability.



## Homeless To Housing

- Homeless to Housing started in 2015 and housed 22 chronically homeless individuals in 2017.
- Anawim program manager provides case management services targeted to stabilize long-term homeless individuals.

**81%**

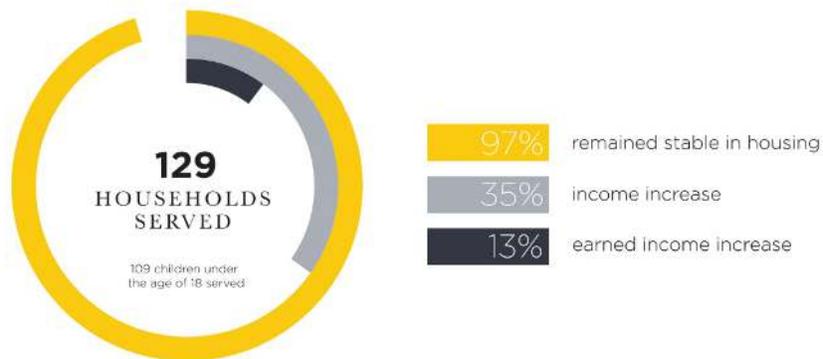
HOUSING  
STABILITY

**33%**

INCOME  
INCREASE

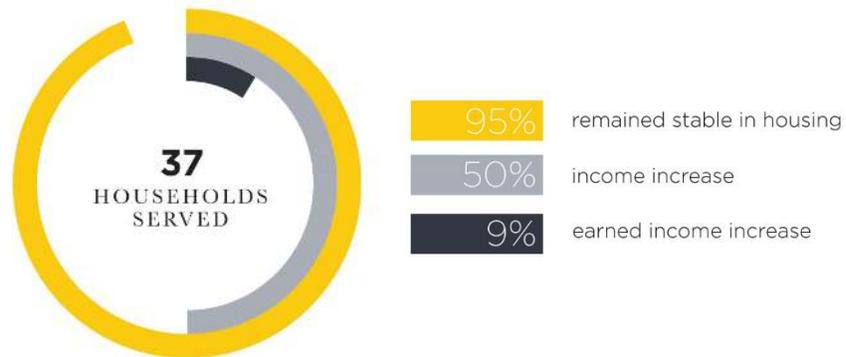
## Shelter Plus Care 1

Serving individuals and families who had been homeless



## Shelter Plus Care 2

Serving individuals who were chronically homeless



## What is Housing First?

- ❖ Homelessness is a housing crisis solved with housing
- ❖ All people experiencing homelessness can achieve housing stability
- ❖ Everyone is "housing ready" Providers need to be "Consumer ready"
- ❖ Housing is therapy
- ❖ People experiencing homelessness have a right to self-determination and be treated with dignity and respect.
- ❖ Housing configuration and services are matched to the individual needs.

## How does Housing First Work?

- ❖ Case Management
- ❖ Landlord Relationships
- ❖ Housing Navigator
- ❖ Prioritization
- ❖ Harm Reduction
- ❖ Community Collaboration
- ❖ Creativity and dedication
- ❖ Hard work

## Health Challenges:

- ❖ Mobility Issues
- ❖ Amputations
- ❖ Diabetes
- ❖ Cancer
- ❖ Basic dental care
- ❖ SUD
- ❖ Mental Illness

## Successful Strategies

- ❖ Rapid and low barrier entry
- ❖ Relationship building leads to non-judgmental interactions
- ❖ Unit transfers
- ❖ Program staffing
- ❖ Appeal process that is used to “reset” and is trauma informed
- ❖ Community partnerships
- ❖ Taking “Vacations” from units
- ❖ Care planning and service goals are client driven
- ❖ Payment plans and flexibility in rent payments

## Our Peer Group

- Retreat-January 2018
- Set up a basic format
  - Food
  - Incentives
  - Confidentiality
  - Mindful of who we invited (at first)
- Topic discussions
  - Dealing with loneliness, Boundary Setting, Anxiety, Stress reduction, How to interact with police, Yoga, Codependency, Art Therapy, Grief and Loss, Tenant rights, and more
- Justice Circles by Fred Van Liew
  - Participant defined rules for safe space

## Success Stories

- The individual defines their success
  - Jen, Nick, Leonna
- “I know there is strength in the differences between us. I know there is comfort, where we overlap.”  
— Ani DiFranco